

Mastick Senior Center

A division of Alameda Recreation & Parks
1155 Santa Clara Ave, Alameda, CA 94501
(510) 747-7500-Fax 523-0247-TTY-TDD 522-5160
Programs and services for adults 50 and older.
Program Information: www.mastickcenter.com
E-mail: jkrause@ci.alameda.ca.us
Weekday Program Hours 8:30am-4:00pm
Sunday hours: 12:00 noon-4:00pm
Recreation & Parks Director: Dale Lillard
Senior Services Manager: Jackie Krause
Senior Services Coordinator: Mariel Thomas
Newsletter Graphics and Layout Volunteer: Phil Smith

Bingo

(Open to the public, 18 years of age and older)
Doors open at 10:00 am/First game at 12:15 pm
Thrift Shop (Open to the public)
Tuesday & Saturday..... 10:00 am to 2:00 pm

Mastick Travel Program

Mastick Excursions Information Board

The Mastick Excursions Information Board, located in the Mastick office, is the place to locate information about upcoming trips (day and extended), registration forms, upcoming events (e.g., travel presentations), Trips at a Glance, trip policies, and procedures. Travel assistance is available on **Tuesdays** and **Thursdays** between **9:00 am** and **4:00 pm** or by appointment.

April Trip's ...

“Mystery” is Solved!

Come with us to the beautiful gardens and nurseries of Santa Cruz including the UC Santa Cruz Arboretum and enjoy lunch at the Crow’s Nest.

Friday, April 4, 2008

8:00 am to 5:00 pm

Cost: \$55 (includes lunch)

Activity level: Three Shoes

Sign up begins: **Tuesday, March 11**, at 8:30 am in Dining Room 2.

Extended Travel Opportunity

Travel to Santa Barbara—May 27-30, 2008

Enjoy three nights and four days in Santa Barbara including the Hearst Castle in San Simeon, with stops in Solvang, Cambria and Carmel. Breakfasts and dinners included. \$450 p/p double; \$650 single. Sign up now in the Mastick Office!

Advisory Board Officers

Lola Brown.....President
Nancy Gormley.....Vice President
Jerry Lanzit.....Treasurer
Darlene Pottgeiser.....Recording Secretary
Annette Anderson.....Corresponding Secretary

Directors

Duke Campbell, Ginny Carney, Barry Christensen,
PhyllisDe La Vergne, Patty Leech,
Sheila Leonard, Chuck Monedero, Deg Powers,
Joy Pratt and Jim Thomas

Mastick Sunday Program

Sundays at Mastick Senior Center!

Join us on Sundays to play Shuffle Board, shoot a game of Pool, work on quilting and sewing projects, practice computer skills, play cards and games, or select a book or books from our lending library. In addition, view the media presentations listed below on our new 60 inch plasma television in the Media Room at 1:30 pm:

March 2: *Classical Masters & Franz Joseph Haydn, Pt. 1*

March 9: *Blue Hawaii*

March 16: *Franz Joseph Haydn, Pt. 2 & Mozart*

March 30: *Fun in Acapulco*

While visiting on Sunday, remember to sign in at the front desk as we like to keep a tally of the number of members enjoying the Center on Sunday as well as throughout the week.

Get Crafty With Us...on Sunday

On **Sunday, March 9**, get crafty with Lola Brown and Mildred Nolan and make a paper-flower spring wreath or bouquet. Instructions and craft supplies will be provided for a lovely gift to give – or to decorate your home. Join us Dining Room 1 between 1:00 pm and 3:00 pm. To reserve a seat, visit the Mastick Office or call 747-7506.

Mastick Parking Lot is Bulging...

When possible, consider taking the bus, walking, carpooling, or riding your bicycle to Mastick Senior Center. Mastick Senior Center has two bicycle racks: 1) Courtyard near Lobby; 2) Rear entrance of Mastick Social Hall. Wear a helmet, grab your bicycle lock, apply sunscreen, and get a dose of Vitamin D while peddling to the Center.

