

Knowledge Abounds @ Mastick

Display cases abound with Mastick program information and often feature a particular program of interest. Display cases are located above the drinking fountain near the Men's restroom, outside the Pool Room exterior door on the Bay Street side of the building, as well as in the breezeway between the Social Hall and the Courtyard.

Mastick Members Sign In!

We need your assistance in keeping our records accurate. Please sign-in when participating in Mastick programs. This will help us track the number of participants enjoying our programs. Mastick members are encouraged to sign-in when entering the classroom of the desired activity. For example, individuals participating in fitness class should sign the roster in the Social Hall. Individuals participating in the computer program should sign the roster provided in Room C. Instructors are requested to record the number of participants on the monthly roster provided in the Skill Center, Rooms A, B, and D. Pool Room participants have a sign-up roster within their room. Individuals visiting the Media Room, Card Room, special events, etc., should sign-in in the Lobby. If you are taking several classes at Mastick, ensure that you sign-in for each classroom. This is how we track program popularity. There is no need to sign-in twice (e.g., front desk and in the room your class is being offered).

New Member Orientation & You!

The New Member Orientation is a must if you are new to Alameda, recently retired, thinking of participating in Center activities, are a current member and want to learn more about the Center, or expecting your parents for an extended visit! The New Member Orientation is offered monthly and provides a guided-tour that introduces you to the Center, an information packet outlining the various activities, programs, and services, and a complimentary lunch provided by Bay Area Community Services (BACS)! Make a reservation to join us on **Thursday, July 10, at 10:30 am** by stopping by the office or calling **747-7506**. *We are looking forward to meeting you!*

“Have a Happy and Safe 4th of July.”

Mastick's Annual Open House Event

“Mastick Is Out Of This World”

Join us for our Annual Open House Celebration on **Sunday, September 21**, between 1:00 pm and 4:00 pm in the Mastick Courtyard. This annual event serves as an opportunity for the public to explore the various activities, programs, and services available at Mastick Senior Center. Visit the different classrooms, enjoy music by *“And That's Jazz” Band*, dancing, refreshments, socializing with friends, and decorations that are *out of this world!*

Mastick Code of Conduct

The *Mastick Code of Conduct* was introduced and adopted by the Mastick Advisory Board on September 19, 2001. The *Code of Conduct* was created as a mechanism to ensure an enjoyable and consistent environment for all members participating in Mastick programs. You may obtain a copy of the *Code of Conduct* at the “Information Wall” located in the Coffee room off the Main Lobby, or by visiting our website at www.mastickcenter.com.

Finding What You're Looking For...

Mastick Senior Center publishes a monthly newsletter, *The Mastick Bee*, available in the Mastick Senior Center Lobby on the Information Wall (Coffee Area) or online at www.mastickcenter.com. This newsletter is the best source for upcoming events and program changes. For ongoing program information, consult the *Activities @ a Glance*, the “purple” flier available on the Information Wall, as well as online at www.mastickcenter.com. This flier is the best source for *ongoing* program information and outlines the activities scheduled Monday thru Sunday. Visit the Mastick Office or call 747-7506 for assistance. *Here is a glimpse of what we have to offer...*

