

Brown Bag Program

On **Thursday, July 17**, between 8:30 am and 10:00 am in Dining Room 1, applications will be accepted for the Brown Bag Program. Eligible candidates must be 60 or older, with a gross monthly income of \$1,169 (single) and \$2,192 (families of two or greater). Membership must be renewed annually. An annual voluntary contribution of \$10 is appreciated at registration. Food is distributed on the **first** and **third** Thursday between 9:00 and 10:00 am in the Dining Room I. Members must be able to retrieve the bag of groceries. **All applicants must provide identification and proof of income at the time of registration!**

Birthday Lunch Celebration

Mastick Senior Center members are invited to celebrate their Birthday at the monthly Birthday celebration. **July** "Birthdays" are invited to join us on **Tuesday, July 15**, at 12:00 pm in Dining Room 1. The celebration includes a *free* lunch, a slice of Birthday Cake, and a balloon! Reservations are required and will be accepted until **Friday, July 11**, by 11:30 am. To reserve a seat, stop by the Lobby desk or call 747-7500 between 9:00 and 11:30 am. **On Tuesday, July 15, confirm your lunch reservation at the Lobby desk by completing the lunch application and picking up your lunch ticket no later than 11:30 am.**

An Open Invitation for Lunch

Bay Area Community Services (BACS) prepares the noon meal served Monday through Friday at Mastick. Individuals 60 plus who wish to participate are requested to contribute \$2.25 per meal. Members, guests, or companions under age 60 who wish to participate are **required** to contribute \$4.25 per meal. Reservations are made a week in advance. To reserve lunch for the following week, please come by the front desk (lobby) or call 747-7500 by Friday at 11:30 am. For additional information, contact the Mastick Office at **757-7506**.

Styrofoam Containers & You!

On January 2, 2008, the Alameda City Council enacted Ordinance No. 2977 to Prohibit Polystyrene Foam Food Service Ware. Effective July 1, 2008, restaurants and other food vendors operating in the City of Alameda are prohibited from serving food in Styrofoam containers. To properly dispose of "to go" food containers, place containers made of cardboard or paper with or without a thin wax or plastic coating go in the yard waste (**green**) cart. Aluminum and plastics with the recycling symbol 1-7 go in the recycling (**blue**) cart. Everything else, plastic wrap, straws, ketchup packs, forks, etc. go into the trash (**grey**) cart. For assistance, contact the Public Works Department, Environmental Services Division, at **749-5840**.

Delivery Services

Chestnut/Encinal Market (Grocery Items) 1202 Chestnut Street (510) 523-5600 (\$9 Delivery Fee)
Encinal Market (Grocery Items) 3122 Encinal Avenue (510) 522-7171 No Delivery Fee (\$25 Minimum Order)
Dan's Produce (Grocery Items) 2300 Central Avenue (510) 523-1777 (Tuesday and Friday ONLY) No Delivery Fee (\$20 Minimum Order)
Versailles Pharmacy - Prescription Drug Delivery 2801 Encinal Avenue (510) 523-4907 No Delivery Fee
Webster Pharmacy - Prescription Drug Delivery 1553 Webster Street (510) 522-3066 No Delivery Fee

