

May

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2007

Mastick Senior Center Closure!

**The Center will be closed on the following dates:
Sunday, May 13, Mother’s Day; and
Sunday, May 27, and Monday, May 28, 2007,
for the Memorial Day Holiday.**

May Marks Older Americans Month

For 44 years, Older Americans Month has been celebrated during the month of May. This year’s theme is ***Older Americans: Making Choices for a Healthier Future***. It has never been more evident as we prepare for what will be a diverse wave of seniors. With the 78 million baby boomers who will be turning 65 in 2011, our Nation’s demographics will have profound implications (e.g., economically, social landscapes, etc.) on National, State and community levels. As our landscape changes, there is greater emphasis toward having choices for a healthier future. At Mastick, such choices include access to fitness, Yoga, Tai Chi, and many dance classes, health and nutrition presentations, educational classes to stimulate intellectual growth and development, as well as a nutritious daily meal.

Mastick’s Volunteer Tax Team is FantasticK!

A special thank you is extended to our seasonal tax program volunteers who served 524 individuals and processed 442 tax returns! Thanks to **Lorraine Meuleners** for coordinating and executing a seamless tax program that included the recruitment of new volunteers. **Elin Johnson** is acknowledged for graciously administering the technical aspects of the program, including e-filing the **884** returns, and for coordinating home visits. ***Though, April 17th, has come and gone, we recognize that tax season never ends and thank our volunteers for their dedication to this program, the clients, and Mastick Senior Center!***

Mastick Introduces New *Tiny Ticket* Program

Mastick Senior Center is now participating in the BART Tiny Ticket Program in conjunction with the East Bay Community Foundation. Mastick Senior Center will gladly accept BART tickets (e.g., Green, Blue, and Red) with small monetary balances in the Mastick Office. Tickets will be sent bi-annually to BART for reimbursement. Revenue generated from the “Tiny Tickets” will be used for Mastick programs. **Thank you for helping us spread the word!**

Seeking Volunteer:

English As A Second Language (ESL) Instructor

Mastick Senior Center is seeking a volunteer to provide ESL instruction to five or more eager students! Some students have more than five years of instruction and want to continue improving their language skills. If this volunteer position is of interest to you, please contact **Jackie Krause**, Senior Services Manager, at (510) 747-7510.

Book Club

On **Tuesday, May 1**, Book Club members will review **“Thank You for Smoking”** by William F. Buckley, Jr. at **1:00 pm** in the **Media Room**. **“The Namesake”** by Jhumpa Lahiri will be reviewed on **Tuesday, June 5**. If you have any questions, please contact **Kevin Brunetti**, Recreation Specialist, at 747-7512.

Wednesday Evening Hours in June!

If you would be interested in participating in **evening** Computer or Yoga classes, a game of Pool, visiting the library or enjoying a cup of coffee at Mastick Senior Center during the summer months, please sign up in the Office or call 747-7506.

“There is lots more information on our website.”