

AARP Driver Safety Program

AARP Driver Safety Program is the largest classroom driver refresher course specifically designed for motorists age 50 and older! This eight-hour course is taught in two, four-hour sessions over a two-day period and is offered **Wednesday, March 7 & 14 and April 4 & 11**, from **9:00 am to 1:00 pm** in **Room D**. Preregistration is a must and can be completed in the Mastick office. There is a \$10 per person fee with checks payable to AARP. *Ask your insurance agent about automobile insurance discounts.*

Emergency Preparedness & You!

Mastick Senior Center will be offering its annual Emergency Preparedness Program on **Thursday, March 8, 2007**, in the Mastick Social Hall. The Alameda Red Cross, Alameda Fire Department, Alameda Hospital, and Alameda Power & Telecom will provide practical information on preparing for potential emergencies, use of fire extinguishers, use of an Automated External Defibrillator (AED), and much more. The Vial for Life containers will also be available. This valuable training program is a must for Mastick volunteers and encouraged for all members! Sign up in the Office or call 747-7506. *This training is mandatory for Mastick volunteers!*

Spring Forward in March!

Daylight Saving Time arrives **Sunday, March 11**, and serves as a reminder to set clocks ahead one hour. This is also a good time to replace batteries in smoke and carbon monoxide detectors, remote controls, and other electronic devices. Remember to recycle batteries and light bulbs properly due to the new Law in effect. For recycling information contact Alameda County Industries (ACI) at (510) 483-1400.

Mastick Swingers

Presents

“Leprechaun Ball”

Monday, March 12, 2007

1:00 pm to 4:00 pm

(Doors open at 12:30 pm)

Dance to the music of Geri Foley, socialize with friends, and enjoy refreshments in the Mastick Social Hall.

Cost: \$3 per person w/ membership card

\$4 per person w/out membership card

Spring Computer Classes

Alameda Adult School instructors provide computer instruction in a friendly, relaxed atmosphere at Mastick Center. The spring quarter begins **Monday, March 12**, and runs through **June 8 2007**. Classes are provided free through the Alameda Adult School. Registration forms outlining spring class offerings and prerequisite information will be available in the coffee area. There is a \$7 materials fee. *Sign up in the office or call 747-7506.*

The spring quarter class offering is as follows:

- Monday.....Windows XP
- Tuesday.....MS Word Beginning
- Wednesday.....Introduction to Computers
- Thursday.....Internet
- Friday.....Publisher

Tuesday am.....Paint Shop Pro

Nominating Committee Update

The Nominating Committee is recruiting to fill vacant Mastick Advisory Board positions. Impending Board vacancies may include: Treasurer, Corresponding Secretary, and Recording Secretary, as well as four Director positions. The commitment varies depending on the position. Officers serve a one-year term while Directors serve a two-year term. *Candidates must be members of Mastick Senior Center for at least 90 days in the current enrollment year prior to nomination and express an interest in the welfare of the Center and senior issues.* This is a working Board and candidates must be passionate about Mastick Senior Center, interested in senior trends (long-range planning), fundraising, volunteering and volunteer recruitment. The Board meets on the **third** Wednesday of the month at 10:00 am, 10 months per year, in Room D. If you or someone you know is interested in leadership objectives, please pick up an application form from the coffee area located in the lobby. Applications will be accepted in the Mastick office through **Friday, March 23, 2007**.

In Memory

Mary Cozzens

“Our condolences to family and friends.”

“A smile rubs off on everyone around you.”