

### Birthday Celebration

**June "Birthdays"** are invited to join us for the Birthday Celebration on **Tuesday, June 12**, at 12:00 pm in Dining Room 1. The celebration includes a *free* lunch, a slice of Birthday Cake, and a balloon! Reservations are required and will be accepted until **Thursday, June 7**, at 11:30 am. To reserve a seat, stop by the lobby desk or call 747-7500 between 9:00 and 11:30 am. **On Tuesday, June 12, confirm your lunch reservation at the lobby desk by completing the required lunch application and picking up your lunch ticket no later than 11:30 am.** We wish you a Happy and Healthy Birthday!

### New Member Orientation & YOU!

The New Member Orientation is a must if you are new to Alameda, recently retired, thinking of participating in Center activities, or expecting your parents for an extended visit! The New Member Orientation offers a guided-tour that introduces you to the Center, an information packet outlining the various activities, programs, and services, and a complimentary lunch provided by Bay Area Community Services (BACS)! Make a reservation to join us on **Thursday, June 14, at 10:30 am**, by stopping by the office or calling **747-7506**. *We are looking forward to meeting you!*

### Understanding Memory Loss, Dementia and Alzheimer's Disease

The Alzheimer's Association and Mastick Senior Center will cosponsor this free presentation entitled, *Understanding Memory Loss, Dementia and Alzheimer's Disease* on **Thursday, June 14**, between 10:00 am and 12:00 pm, in Room D. The presentation will cover the following: Warning signs of dementia; Difference between dementia and Alzheimer's disease; Diagnosis and progression; Risk factors and research; Principles of "person-centered care"; Six steps to successful caregiving; Maintaining optimal health; Accessing community resources. To reserve a seat, stop by the Mastick office or call (510) 747-7506.

### Father's Day BINGO!!!

Join us on **Saturday, June 16**, for Father's Day Bingo! Men, 18 years of age and older, will receive a free ½ Bingo pack compliments of the Mastick Advisory Board and Mastick Bingo Committee.

### Summer Swimming Schedule

The Emma Hood Swim Center, 2256 Alameda Avenue, 522-8017, and the Encinal Swim Center, 230 Central Avenue, 522-4590, will be open for recreational and lap swimming **Monday, June 25**, through **Friday, August 24!** *Note: Swim lessons are also available. Pool hours are as follows:*

#### Emma Hood Swim Center

##### Recreation Swim (\$1 per session):

M-Thursday 2:00 pm to 4:00 pm  
Friday 12:00 pm to 3:00 pm

##### Adult Lap Swim (\$2 per session):

M-Thursday 1:00 pm to 1:45 pm  
M-W 7:15 pm to 8:45 pm  
Friday 3:30 pm to 4:30 pm

#### Encinal Swim Center

##### Recreation Swim (\$1 per session)

Friday 1:30 pm to 4:30 pm  
Saturday 1:30 pm to 4:30 pm

##### Adult Lap Swim (\$2 per session):

M-Thursday 2:00 pm to 2:45 pm  
T & TH. 7:15 pm to 8:45 pm  
Friday 12:00 pm to 1:00 pm  
Saturday 10:45 am to 11:45 am

### Property Tax Postponement

The Property Tax Postponement Program enables homeowners to postpone their property taxes until the homeowner moves, the home is sold, the homeowner dies, title passes to an ineligible person, or senior liens become delinquent. To qualify, a homeowner must be at least 62 years of age, blind or disabled, possess 20% equity in the property which they own and occupy as the principal place of residence, and have a total household income of **\$31,500 or less**. For more information, call 1-800-952-5661. Applications are available in the Mastick Office.

### Measure A Tax Exemption Forms

Alameda residents (Owner-Occupants Only), 65 and older, are eligible to apply for an exemption from the Alameda Unified School District (AUSD) Measure A Parcel Tax. On June 7, 2005, the voters approved an extension and increase to Measure A, creating a \$189 parcel tax. Renewal forms will be mailed out annually after AUSD receives the homeowner's initial application. New applicants can retrieve an exemption form in the Mastick office or by contacting the AUSD Business Office at (510) 337-7066. *The application deadline is July 2, 2007.*

