

Or physical activity to keep you fit and trim (continue)...

STRICTLY BASIC BALLROOM DANCE

Wednesdays, 1:00 pm to 2:00 p.m.
Room A

Joan Lindsey, Volunteer Instructor

LINE DANCING

Thursdays, 1:00 pm to 2:30 pm, Room A
All Seniors Welcome!

Norma Nocera, Volunteer Instructor

SUMMER SWIMMING SCHEDULE

Emma Hood Swim Center, 2256 Alameda Avenue, 522-8017, and Encinal Swim Center, 230 Central Avenue, 522-4590, will be open for recreational and lap swimming through **Friday, August 24!** *Note: Swim lessons are also available. Pool hours are as follows:*

Emma Hood Swim Center

Recreational Swim (\$1 per session):

M-Thursday 2:00 pm to 4:00 pm
Friday 12:00 pm to 3:00 pm

Adult Lap Swim (\$2 per session):

M-Thursday 1:00 pm to 1:45 pm
M & W 7:15 pm to 8:45 pm
Friday 3:30 pm to 4:30 pm

Encinal Swim Center

Recreational Swim (\$1 per session)

Friday 1:30 pm to 4:30 pm
Saturday 1:30 pm to 4:30 pm

Adult Lap Swim (\$2 per session):

M-Thursday 2:00 pm to 2:45 pm
T & Thurs. 7:15 pm to 8:45 pm
Friday 12:00 pm to 1:00 pm
Saturday 10:45 am to 11:45 am

GARDEN ENTHUSIASTS

Wednesdays, 11:00 am

Mastick Community Garden

Plant & maintain Mastick's Community Garden

For more information, visit the Mastick Office

Between Room E & Thrift Shop

Volunteers

Or lose yourself in a good book, movie, or story...

LIBRARY (MEDIA ROOM) HOURS

A wonderful reading opportunity awaits you! Nestle in our comfortable Media Room, explore the inventory of large print books, history, romance and mystery novels, best sellers, periodicals, as well as the Telesensory Machine that will enlarge print to assist with low or impaired vision. Book checkout is on the honor system! Volunteer staff is available to assist you on Monday, Wednesday, Friday between 10:00 am and 12:00 noon. Our volunteer staff includes: **Katherine Carty, Nira Charusanti, Shirley Koblick, Elinor Lahaie, Martha Loughran, Elenore McGorty, May Mew, Deg Powers, Marjorie Quant, and Ann Roth.**

DONATING BOOKS TO MASTICK

Due to your generous donations, the Mastick Library is bursting at the seams! We are gladly accepting books copyrighted 1997 through 2007, "classics," and current month magazines ONLY. The Friends of the Library accepts books on behalf of the Alameda Free Library for their semi-annual books sale. To contact the Alameda Free Library, please call 747-7777. *Thank you for making the Mastick library a wonderful resource within our community.*

BRAILLE & TALKING BOOK LIBRARY

The Braille and Talking Book Library of Congress provides FREE national library program of Braille and recorded materials for individuals with low vision, blindness, or physical limitations. For additional information, contact the Braille and Talking Book Library of Congress, California State Library of Congress, P.O. Box 942837, Sacramento, CA 94237, or phone 1-800-952-5666, or visit www.library.ca.gov.



